

Assistance for Those Who Need It



HELP

Assembly member Miguel Santiago is partnering with community organizations to provide critical resources and services throughout Assembly District 53. As always, the office is open Monday to Friday, from 9:00am to 5:00pm. Contact 213-620-4646 with questions on events or for assistance with state agencies and state programs, such as EDD, DMV, CalFresh, and Medi-Cal.

ANDERSON MUNGER FAMILY YMCA

4301 W 3rd Street
Los Angeles, CA 90020
Note: The meals are for children only; adults may pick up on their behalf.
No-Cost Showers
Monday - Friday, 9:00am - 2:00pm

WEINGART EAST LOS ANGELES YMCA

2900 Whittier Blvd
Los Angeles, CA 90023
Learn More Today!
<https://a53.asmdc.org/>

NO-COST COVID VACCINES FOR VETERANS

Locations vary; limited availability
<https://www.va.gov/health-care/apply/application/introduction>
Appointments required at (310) 268-4900

NO-COST FLU SHOTS

Locations vary; limited availability
Find a flu shot site near you at
<https://corona-virus.la/resources>

NO-COST COVID TESTING

Open Daily
Locations vary
Find a testing site near you at:
<https://corona-virus.la/resources>

ANDERSON MUNGER FAMILY YMCA

4301 W 3rd Street
Los Angeles, CA 90020
Note: Must bring a valid ID; toiletries are provided.
No-Cost Grab N' Go Meals
Monday - Friday, 11:00am until supplies run out

NO-COST COVID VACCINES FOR SENIORS 65 & OLDER

Locations vary; limited availability
www.publichealth.lacounty.gov/acd/n-corona2019/vaccine/hcwsignup/

NO-COST FOOD DISTRIBUTION

Mondays, 8:00am - 11:00am (while supplies last)
Wilshire Presbyterian Church
300 S Western Ave, LA, CA 90020
No-Cost Grab N' Go Meals
Mon & Wed, 9:00am - 2:00pm (while supplies last)